The Official Newsletter of the Liberty Hyde Bailey Garden Club of Ithaca, New York

December 2010

http://www.hort.cornell.edu/LHBGC/

## Volume 50, Number 11 From the President's corner

Гахі

#### Dear Members,

With the passing of Black Friday and Cyber Monday, the holiday season is upon us. Those of you who ventured out on Black Friday and witnessed the crowds are probably wondering as I am---is the recession finally over?

The gardening season has wound down and hopefully everyone has been able to complete their fall clean up chores, finished mulching and erected their deer protection devices. The deer seem more numerous than ever. Twenty-one in our backyard two nights ago.

The final meeting of the Liberty Hyde Bailey Garden Club for 2010 will be December 14 and will be devoted to creating Christmas decorations with the guidance and expertise of Ray Fox. Bring your wreaths, pinecones, berries, ribbons, etc... and be prepared to enjoy a friendly and productive evening fortified by holiday goodies.

With the beginning of the New Year, Ed Cobb will be taking over as your president. I thank you for giving me the opportunity to serve and for your assurance throughout the year making it possible to complete the railing at Ithaca Falls, plant and maintain the berm at the Farmers Market, participate in the pleasant and profitable Ithaca plant sale, as well as obtain and plant the spring bulbs at the Hospicare center. All this in addition to our own spring plant sale, fall plant exchange and regular programs made for a very busy, friendly and hopefully educational experience. Again I thank you all for your participation and encourage you to become even more active in next year's endeavors under Ed's guidance.

Looking forward to seeing you all on December 14th.

Bob Hillman, President

The Liberty Hyde Bailey Garden Club of Ithaca meets each month on the Second Tuesday at the Horton Room in the Floriculture Greenhouse, Tower Road Cornell University Ithaca, New York. The Club is open to all gardeners. Visitors are welcome.

## Save the Date!

## December 14<sup>th</sup>

Holiday Decorations Horton Room The Board of Directors will meet at 6:30 PM. The regular meeting will begin at 7 PM.



January 2011 Meeting Cancelled

# 2011 Memberships are due before the end of the year!

Contact Helen Swank with any question

# **2011 Comittees and Activities**

All members of the club should be considering what committee(s) they would like to serve on in 2011. New activity ideas are also most welcomed by our future president.

# December'10 Meeting Minutes by Anna Stalter

President Robert Hillman called the meeting to order at 7:15 pm.

Sixteen members and three guests were present.

To commemorate the 50<sup>th</sup> anniversary of the founding of the Liberty Hyde Bailey Garden Club, Historian Ruth Doll and Board Member Ed Cobb put together a special edition of the Baileyan that includes many interesting historical notes. Copies were distributed to all present, and with that as inspiration, Robert asked that members consider how they might help with various activities in the coming year. Contact the President or a member of the board of directors if you can help with any of the following:

- Generate topics and find speakers for upcoming meetings
- Suggest natural areas to visit
- Develop other community projects (like the Ithaca Falls bike rack)
- Cooperative Extension Plant Sale in May how should we participate in 2011?

The NYS DEC is seeking sponsorship for kids who may wish to attend DEC summer camp in 2011. The garden club would consider sponsoring a youngster if members have one in mind!

Joan Lawrence informed members that a Yahoo group, Ithaca Plantcycle, has been formed. It functions much like Ithaca Freecycle but with an emphasis on plants. An email with details will be forwarded to members.

Helen Swank read the Treasurer's report. Recent expenses included the bulbs for Ithaca Hospicare. Membership forms for 2011 were handed out and members were reminded to sign up soon. Please ask Helen if you have need additional forms or if you have any questions about levels of membership. Garden Club calendars will be available for sale (\$3 each) at the December meeting.

A suggestion to bring poinsettias to members and former members who are in nursing homes was discussed. Holiday visits to some individuals may be arranged.

The slate of officers for 2011 was introduced and all were elected unanimously. Congratulations to all our new and continuing officers!

Ed Cobb presented a slideshow highlighting Club events and activities from the past six years. Thanks, Ed!

The next meeting, on December 14, will be spent creating holiday decorations and sharing seasonal treats. Please bring materials to participate!

Meeting was adjourned at 8:15 pm.

## Liberty Hyde Bailey Garden Club 2010 Meeting Schedule (and refreshments)

January 12<sup>th</sup>: **Meeting cancelled** February 9<sup>th</sup>: **History of the Cornell Conservatory Greenhouses** – Ed Cobb (Beverly Hillman) March 9<sup>th</sup>: **Vegetable variety selections for the Ithaca area** – Ruth Doll (Ray Fox) April 13<sup>th</sup>: **Gardening with edible fruits** – Marvin Pritts (Ken & Ruth Devine)

May 11<sup>th</sup>: **Plant Auction Horton Room (David & Arnaud)** June 5<sup>th</sup>: **Tour of the local natural area** – Anna Statler (Ed Cobb) July 13<sup>th</sup>: **Cancelled** August 10<sup>th</sup>: **"Ornamental Grasses"** – Jim Mack (Elke)

September 14<sup>th</sup>: **Plant exchange at the Horton Room** (Don Williams)

October 12<sup>th</sup>: **Dish to Pass Dinner** November 9<sup>th</sup>: **Election** (Beverly Hillman) December 14<sup>th</sup>: **Holiday Decorations** (Ruth Doll)

#### THE BAILEYAN



# **Cornell Extension Activities**

http://ccetompkins.org/calendar

Unless another location is listed in the entry, events are held at the Cornell Cooperative Extension Tompkins Education Center, 615 Willow Avenue, Ithaca NY

## Evergreen Wreath Making Workshop

#### Thursday, December 2, 6:30 – 8:30 pm

Make a beautiful evergreen wreath to decorate your home for the holidays! Fresh-cut greens, ring, wires, and ribbons supplied. Bring any special decorating materials you like to personalize your wreath. Wear casual clothes and bring pruning shears and gloves. Fee: \$18. Class limited to 20. Pre-registration and prepayment required. Call 607-272-2292.

## Holiday Arts & Crafts Bazaar

### Saturday, December 4, 10:00 am - 3:00 pm

Over 25 local arts and crafts vendors will display handcrafted jewelry, accessories, fabric and fiber arts, pet beds and toys, candles, ornaments, hand-made dolls, mixed media arts, and many more unique gift ideas. Members of the 4-H Cultural Exchange Club will host a bake sale and refreshment table. For more information, contact Debbie Teeter at (607) 272-2292 or <u>dlt22@cornell.edu</u>.

Confirmed vendors include: Many Jewelry Makers ~ Dozens of Accessories ~ Fabric Ornaments, Pet Toys & Beds & Blankets Columbian Handcrafts & Arts ~ Diaper Cakes ~ Baby Shower/Baby Gifts ~ Cat Toys ~ Cheese Baskets Quilted Potholders & Placemats ~ Window Hangings ~ Knitted Hats & Scarves ~ Needle Craft Crocheted T-shirt Bags ~ Pine Cone Bird Feeders ~ Baked Goods ~ Embroidery ~ Biscotti ~ Fleece Shoulder Cozies ~ Flannel Lotion Smoothers ~ Fabric Note Cards ~ Cloth Straw Wreaths ~ Stacked Buttons ~ Purses ~ Reverse Applique Handwork ~ Hair Bows ~ Carry Bags ~ Chocolates Crocheted Dolls, Doilies, Afghans, Toys, Hats, Earrings, Necklaces, Ornaments ~ Greeting Cards ~ Blankets ~ Fabric Gift Bags ~ Polymer Clay Buttons ~ Beaded Earrings ~ Beeswax Lotion Bars ~ Laminated Bookmarks ~ Totebags ~ Handmade Watercolor Cards & Bookmarks.



### Finger Lakes Cheese Trail

#### Saturday, December 11, 10:00 am - 3:00 pm

Various locations in the Finger Lakes, New York.

Learn about the wonderful variety of cheeses produced here in the Finger Lakes by visiting our local cheese producers and sampling their products. The Finger Lakes Cheese Trail is a new organization of 10 cheese producers from throughout the Finger Lakes who make artisan cheeses from milk produced at their family farms. Great cheeses are being made, ranging from English style raw milk cheddars, cheese curd, gouda and swiss types from dairy cow milk, to blue cheeses, chevre and feta from goats and sheep milk.

Visit our page at <u>http://ccetompkins.org/agriculture/events/finger-lakes-cheese-trail</u> and follow the links to the participating farms!

## Free Guided Tree Walks

#### Saturday, December 11, 2:15 - 4:15 pm

*Ecovillage-Song Common House, Rachel Carson Way, Ithaca, NY 14850* Join Akiva Silver, tree lore raconteur extraordinaire of Primitive Pursuits, and kindle your own passion and appreciation for the world of trees. If you want to go beyond simple tree identification and learn their edible, medicinal and utilitarian uses, then this is the walk for you. For adults, and children with supervision. *Pre-registration is not required, but is recommended in the event that we must cancel the walk. Please come dressed for the weather. Due to the bridges being down at Stewart Park, this series has been moved to Ecovillage.* 

*Directions:* From Rt. 79 West, turn on to Rachel Carson Way. Follow the driveway all the way to the back and stay to the right. We will meet in the parking lot near the Song common house. It will be appreciated if you don't speed when driving down Rachel Carson Way.



# Evergreen Tree Care

http://www.essortment.com/all/evergreentrees\_rwbm.htm

## Do you know how to care for an evergreen tree? They are protective cover near your home, year round.

Are you thinking about planting evergreen trees? They are so very valuable even in the smallest place because they prevent a look of bareness in the winter months. They also make fine specimens and can be used for screens and windbreaks.

Now, as you know, most evergreen trees are tall and also strong growing so you may not need to plant as many as you first think you will need. Try to select the ones best suited for positions in your yard and please chose carefully.

You can safely plant evergreen trees in the early spring and in most places except the very extreme north also in late August and in September. The best method is to plant them with a ball of earth and the ideal size for moving them are from three to four feet and from four to five feet tall. Sometimes you may go to the effort and also expense of digging up a taller tree and it may not



survive when transplanted. Remember after a severe dry season many evergreens will suffer from winter injury. Be sure to heavy water in October and again in November.

Let's talk about a few evergreens and first of all the pine family (conifers).



*Abies* - Fir, these are handsome trees that flourish in cool, moist climates, and are of great value along the coast in northern New England and the lakes in Minnesota so much more than in the warmer middle states. Some varieties of the fir are the Colorado fir, the most important species for general use, the balsam fir, extra hardy for Canada, the northern United States and for high altitudes, but these don't adapt themselves for garden use. These firs are greatly enjoyed for their fragrance and much used for Christmas trees.

*Cedrus* - Cedar, commonly referred to as the Juniper, these include the Atlas Cedar, they grow well along the coast from Rhode Island south to New Jersey, and as far inland as Philadelphia and into the southern

states. Other varieties are the Deodar, which is not reliable to being hardy north of

Delaware and the Cedar of Lebanon, which is very hardy in Pennsylvania, it is slow growing but can attain great size.

*Chamaecyparis* - These trees are usually called *Retinospora*, Japanese Cedar and Cypress and can be grown quickly and easily from cuttings and are reasonably priced in nurseries. They are usually used for foundation plantings. They are mostly used as a temporary screen or quick screen as they become rather shabby in 10 to 15 years.

*Cryptomeria* - These are perhaps the handsomest of Asiatic evergreens, the variety *C. japonica lobbi* is the only kind usually grown in the United States and forms a narrow, columnar spike of tree, but this is not a tree for severe climates, and flourishes in New York and Philadelphia and along the eastern seaboard.

*Juniperus* - Juniper, these are large genus of both trees and shrubs growing in America, Europe and also in Asia, and the *J. virginiana* is the best known of the tree species, commonly called the Red Cedar, these can grow wild from Canada to Florida to the Rockies.

I won't list all the other varieties in detail but they will contain the following: *Picea* - Spruce, *Pinus* - Pines, *Pseudotsuga Taxifolia* - Douglas Fir, *Sciadopitys verticillata* - Japanese Umbrella Pine, *Thuja* - Arbor - *Vite* and *Tsuga* - Hemlock.

Do a lot of thinking before planting those evergreens, as it is heartbreaking to plant and also go to the expense of planting an evergreen tree, which will not adapt to your climate and also your area.



# From the TGOA/MGCA National Newsletter (November/December)

### FABULOUS FOOD FROM EVERY SMALL GARDEN

Author: Mary Horsfall. Reviewed by: Frank Mitch, Akron, OH

With the current great emphasis on "eating locally" and also home vegetable gardening, this Fabulous Food book by Mary Horsfall is an excellent reference for anyone heading in those directions. The author and publisher are in Australia but much information is applicable to most parts of the United States.

The first half of the book is "all about the garden". The second half is "all about the plants". then good reasons to grow your own food may motivate you to do so if not already on that path. Variety, exercise, and making you feel good are three great reasons. She says gardening lowers stress levels.

My favorite chapter tells how to make the most of your space. Of particular interest are no-dig beds. I am trying to become a non-digger but find a long way to go with my heavy clay soil. Big farmers have moved toward no till or low till farming, why not the home gardeners?

Other chapters in the first half contain very useful details about where to garden, high productivity from small spaces, creating super soil, getting started with vegetables, and plant care.

All about the plants in the second half goes into details about growing vegetables, fruits, bush foods, herbs and flowers, plus a chapter with a few cooking recipes. The author chose the limited number of plants for reasons of suitability for small spaces, multiple uses, productivity and great taste. Of most interest for much of North America would be the selections of vegetables and herbs. The fruits described are mainly tropical and the bush foods are almost all wild plants found mostly in Australia. For each plant she writes about how to sow or plant, soil, use and nutrition of product, harvest and storing, and saving of seed for some of them.

The author's final word concerns current world problems with energy and oil. A quote from her son is, "The Stone Age didn't end because the world ran out of stone". It ended because people discovered new ways of doing things, new technologies. Her message is: "take back the power, grow as much of your own food as you can, and you and your family will be in a better position to adapt to changes, whatever they might be".

Published in 2009 by CSIRO Publishing gardening guides, Collingwood, VIC 3066, Australia.

# SPARK THE INTEREST (Ideas taken from WillieWeedpuller, Ft. Waine GOA)

Scenario A: Abby, a 20 year old horticulture student. Clubs could use the Internet to invite other young people to a meeting. Use others in the same age group to recruit friends. Create a relationship with the local college horticulture department and instructors to spread the clubs' message. Offer free student memberships and stress the opportunity to learn from experienced gardeners. Offer letters of recommendation for scholarships or jobs.

**Scenario B**: Cathy and Brian are married with two children, five and seven years old. They both work full time and are busy with children's activities. They like flowers but have little knowledge about how to have a good garden. Clubs could send their newsletter and a personal invitation to attend one of their meetings. Clubs could look for ways to involve the kids and the adults and work together as a family. Clubs could give a free one year membership to families.

Scenario C: Dave is a 40 year old divorcee with children ages eight, fourteen and eighteen. He enjoys gardening, home and garden shows and garden magazines and volunteers at a variety of his children's activities. Clubs could have special activities or meetings for singles. They could link up with school community service activities and/or partner with groups in the schools to involve kids in gardening. Have a question and answer session with experts and experiences gardeners. Hold a seminar and advertise in garden stores and shows, have speakers on a variety of gardening topics. At plant sales or shows, offer a signup sheet for free plants and club information.

Scenario D: Elly is a 52 year old mom with grown children. She works part-time and has always gardened. She browses garden stores. Clubs could leave brochures in these garden centers. Arrange a daytime fun event at a local garden. Find local shops that will give percent off discounts to members. Find other members to keep in touch with her and develop friendships.

CAN WE ALL "SPARK" SOME INTEREST IN 2011?

## THE BAILEYAN Volume 50, Number 11 From the TGOA/MGCA National Newsletter (continued)

## CLUB ACTIVITIES FROM OTHER CLUBS

*The Gardeners of Greater Akron, Akron, OH* is developing a relationship with one of the elementary schools in their area. They have met with a group of kindergartners and have shown them how to make a small flowerpot out of newspaper. Then members helped these kindergartners plant the sunflower plants they had grown in the pots and geraniums plants, which they had started. The club also donated five flats of geraniums to the school and made a contribution of \$300 for gardening projects with the children of the school. What a great idea to help encourage the youth to try their hand in gardening.

## From Ed Cobb

Two Cornell Plant Science students are looking for gardening work in the Ithaca area. Contact Ed if you are interested and he will send you their contact information.

 You are invited to join IthacaPlantCycle. To join, go to <u>http://groups.yahoo.com/group/ithacaplantcycle</u> and enter your email.
IthacaPlantCycle is a grassroots community-based effort to distribute plants, food and plant knowledge in our community. The IthacaPlantCycle model and inspiration comes from FreeCycle and we hereby formally acknowledge the role of Freecycle in PlantCycle's inception

## Liberty Hyde Bailey Garden Club 2011 Officers

Ed Cobb -President- 115 Vera Circle, Ithaca, NY 14850 (607-272-8187) ec38@cornell.edu

David Hiner - First Vice President- 126 W. Main St, Dryden, NY 13053 (607-624-7590) drh222@cornell.edu

Second Vice President: OPEN

Helen Swank - *Treasurer*- 205 Cayuga Heights Rd, Ithaca, NY 14850 (607-257-7541 Fax:607-257-9501) Anna Stalter - *Recording Secretary*- (607-379-0924) ams15@cornell.edu

**Beverly Hillman** -*Corresponding Secretary*-159 Ellis Hollow Creek Rd, Ithaca, NY 14850 (607-273-8838)

Arnaud Germain -Editor- 126 W. Main St, Dryden, NY 13053 (607-280-7709) ag297@cornell.edu

David Hiner - Webmaster- 126 W. Main St, Dryden, NY 13053 (607-624-7590) drh222@cornell.edu Robert Hillman -Director- 159 Ellis Hollow Creek Rd, Ithaca, NY 14850 (607-273-8838)

Ken Devine -*Director*- 5248 Booth Rd, Locke, NY 13092 (315-497-0492) kenandruthdevine@verizon.net

**Ruth Doll** -*Historian*-18 Weber St, Dryden, NY 13053 (607-844-8341)

## Liberty Hyde Bailey Garden Club 2010 Officers

Robert Hillman -President- 159 Ellis Hollow Creek Rd, Ithaca, NY 14850 (607-273-8838)

**Ray Fox** *-First Vice President-*1479 Ellis Hollow Rd, Ithaca, NY 14850 (607-272-6867)

Second Vice President

Anna Stalter -*Recording Secretary*- (607-379-0924) <u>ams15@cornell.edu</u>

Cliff Manchester -Corresponding Secretary-2136 Slaterville Rd, Ithaca, NY 14850 (607-539-7456) <u>cem19@cornell.edu</u> Arnaud Germain -Editor- 126 W. Main St, Dryden, NY 13053 (607-280-7709) ag297@cornell.edu

David Hiner - Webmaster- 126 W. Main St, Dryden, NY 13053 (607-624-7590) drh222@cornell.edu

Ken Devine -Director- 5248 Booth Rd, Locke, NY 13092 (315-497-0492)

kenandruthdevine@verizon.net

Ed Cobb -Director- 115 Vera Circle, Ithaca, NY 14850 (607-272-8187) <u>ec38@cornell.edu</u> **Beverly Hillman** *-Director*- 159 Ellis Hollow Creek Rd, Ithaca, NY 14850 (607-273-8838)

Helen Swank - *Treasurer*- 205 Cayuga Heights Rd, Ithaca, NY 14850 (607-257-7541 Fax:607-257-9501)

**Ruth Doll** -*Historian*-18 Weber St, Dryden, NY 13053 (607-844-8341)